

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: ENLN

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Bertrand Amaury

Coaches: Rondeau Lola

Coaches: Evrard Marc HEADCOACH

Coaches: Grégoire Mathieu

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:3, starttime: 09:05
Heat: 3/5 Lane : 2 Athlete: HANNOTEAU ISALYNE					Q-time: 01:04:97
PB (25m pool): 1:04.97 Saint-Dizier 12 Oct 2025			PB (50m pool): 1:07.58 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.32		1:04.97	
	30.32		34.65		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:4, starttime: 09:05
Heat: 4/5 Lane : 3 Athlete: VACHAUDEZ ELLA					Q-time: 01:04:03
PB (25m pool): 1:04.03 Arras (FRA) 29 Dec 2024			PB (50m pool): 1:04.40 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.98		1:04.03	
	29.98		34.05		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:4, starttime: 09:05
Heat: 4/5 Lane : 8 Athlete: PAVAN NAHLA					Q-time: 01:06:20
PB (25m pool): 1:06.26 Mons 26 Oct 2024			PB (50m pool): 1:06.20 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.89		1:06.26	
	30.89		35.37		
					

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN							Heat:5, starttime: 09:25	
Heat: 5/5 Lane : 8 Athlete: PUGENGER MARINE							Q-time: 00:34:46	
PB (25m pool): 34.42 Saint-Pol-Sur-Mer&nb 1 Nov 2025							PB (50m pool): 35.54 SB:	
	2 5 M		5 0 M					
PB			34.42					
	34.42							
								

Coach feedback:

Event number: 33: 200M FREESTYLE MEN						Heat:2, starttime: 09:30		
Heat: 2/5 Lane : 5 Athlete: DUFOND NATHAN						Q-time: 01:55:65		
PB (25m pool): 1:55.65 Arras (FRA) 29 Dec 2024			PB (50m pool): 1:58.33 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.73		55.72		1:25.37		1:55.65
	26.73		28.99		29.65		30.28	
								

Coach feedback:

Event number: 36: 200M MEDLEY WOMEN						Heat:3, starttime: 10:05		
Heat: 3/3 Lane : 5 Athlete: VACHAUDEZ ELLA						Q-time: 02:19:83		
PB (25m pool): 2:19.83 Massy (FRA) 6 Dec 2024			PB (50m pool): 2:22.80 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		30.32		1:05.35		1:46.60		2:19.83
	30.32		35.03		41.25		33.23	
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN										Heat:6, starttime: 10:30	
Heat: 6/8 Lane : 1 Athlete: HANNOTEAU ISALYNE										Q-time: 00:58:11	
PB (25m pool): 58.11 Saint-Dizier 11 Oct 2025										PB (50m pool): 1:00.66 SB:	
PB	2 5 M		5 0 M		7 5 M		1 0 0 M				
			27.77				58.11				
			27.77				30.34				
											

Coach feedback:

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Event number: 38: 100M FREESTYLE WOMEN					Heat:7, starttime: 10:30
Heat: 7/8 Lane : 5 Athlete: DUREZ LAURE					Q-time: 00:56:17
PB (25m pool): 55.12 Sint Amandsberg 12 Nov 2023					PB (50m pool): 56.69 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		26.78		55.12	
	26.78		28.34		
					

Coach feedback: